



LEGACY 21 DAYS PRAYER & FAST

WEEK 1 DAILY READINGS

Monday, February 15th

*Then I proclaimed a fast there at the river of Ahava, that we might **humble ourselves before our God, to seek from Him the right way for us** and our little ones and all our possessions. (Ezra 8:21 NKJV)*

...be clothed with humility, for "God resists the proud, But gives grace to the humble." Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time... (1Peter 5: 5-6).

Thought for the Day: It is important to approach fasting with an attitude of humility. God hates pride. He kicked the devil out of heaven because of pride. God opposes the proud but He will give grace – favor and blessings to the humble. According to the above scripture, we are to be clothed in humility. What do you need to be humble about? Is there any area of pride in your life that you need to surrender to the Lord?

Tuesday, February 16th

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us. (Hebrews 12:1)
People who conceal their sins will not prosper, but if they confess and turn from them, they will receive mercy. (Proverbs 28:13 NLT)

Thought for the Day:

Weights that are tied around us prevent us from rising and can hinder us from moving forward. Weights and sin are blockages that keep us from advancing in God. It is important that we confess any weight or sin that slows us down and turn away from it. Allow the Holy Spirit to bring to your heart any weight or sin in your life that needs to be confessed and renounced (giving up or putting aside voluntarily). Then allow the Lord Jesus to bring cleansing and healing to every fiber of your being.

Wednesday, February 17th

*And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. However, **this kind** does not go out except by prayer and fasting." (Matthew 17: 18-21)*

Thought for the Day: Faith can move mountains. Yet, there can be some strong and deep rooted things in our life that will only be expelled by prayer and fasting. Are there any issues that you are struggling with and you just cannot seem to break free? Confess and surrender it to the Lord during this fast.

Prayer: I come to you Lord as my Deliverer. You know all my problems – things that bind me, that torment me, that defile and harass me. I now renounce, break and loose myself from all demonic bondage, from every dark spirit, from every evil influence and from every spirit in me that is not the Spirit of God, and I command all such spirits to leave me now, in the name of Jesus Christ. I now confess that my body is the temple of the Holy Spirit, redeemed and cleansed by the blood of Jesus Christ. I am the head and not the tail. I am above and not beneath.

Thursday, February 18th

Be still, and know that I am God...(Psalms 46:10 NKJV)

Our God says, "Calm down, and learn that I am God...(Psalms 46:10 CEV)

"Step out of the traffic! Take a long, loving look at me, your High God, above politics, above everything."

(Psalms 46:10 Message)

Thought for the Day:

The Online Dictionary defines "still" as remaining in place or at rest; motionless: freedom from sound or noise, silent. We need to be deliberate about being silent before and with God.

"The discipline of silence invites us to leave behind the competing demands of our outer world for time alone with Jesus. Silence offers a way of paying attention to the Spirit of God and what He brings to the surface of our souls." (Adele Calhoun, Spiritual Discipline Handbook)

Today, I want to encourage you to "Be Still". Practice being silent – being still for at least ten to thirty minutes today and for the rest of the fast. Turn the television, radio, iPod or any other distractions off and just spend this time learning to be quiet. It might be hard but do not get discouraged or give up. Ask the Lord to quiet your heart and thoughts.

Friday, February 19th

Now the boy Samuel ministered to the LORD before Eli. And the word of the LORD was rare in those days; there was no widespread revelation. And it came to pass at that time, while Eli was lying down in his place, and when his eyes had begun to grow so dim that he could not see, and before the lamp of God went out in the tabernacle of the LORD where the ark of God was, and while Samuel was lying down, that the LORD called Samuel. And he answered, "Here I am!" So he ran to Eli and said, "Here I am, for you called me." And he said, "I did not call; lie down again." And he went and lay down. Then the LORD called yet again, "Samuel!" So Samuel arose and went to Eli, and said, "Here I am, for you called me." He answered, "I did not call, my son; lie down again." (Now Samuel did not yet know the LORD, nor was the word of the LORD yet revealed to him.) And the LORD called Samuel again the third time. So he arose and went to Eli, and said, "Here I am, for you did call me." Then Eli perceived that the LORD had called the boy. Therefore Eli said to Samuel, "Go, lie down; and it shall be, if He calls you, that you must say, 'Speak, LORD, for Your servant hears.'" So Samuel went and lay down in his place. Now the LORD came and stood and called as at other times, "Samuel! Samuel!" And Samuel answered, "Speak, for Your servant hears."

Thought for the Day:

God wants to speak with you. However, we cannot hear because of all the chatter or busyness that is happening in our lives. During your time, when you are practicing being still/silent, ask the Lord to speak to you and listen for what He has to say. Write it down in a journal or notebook.