

BENEFITS OF FASTING DECLARATION

Lord, I believe in the power of Your chosen fast.

Lord, let my fasting destroy the yokes that the enemy has set up against me.

Let Your light come into my life through Your chosen fast.

Let health and healing be released to me through Your chosen fast.

Let me see breakthroughs of salvation and deliverance in my life through Your chosen fast.

Let miracles be released in my life through Your chosen fast.

Let Your power and authority be released in my life through Your chosen fast.

I humble my soul through fasting; let Your favor exalt me.

I drive every stubborn demon out of my life through Your chosen fast.

Let Your covenant blessing and mercy be released on me through Your chosen fast.

Nothing is impossible with You. Lord, let my impossibilities become possibilities through Your chosen fast.

Let every assignment of hell against me be broken through Your chosen fast.

Let all pride, rebellion, and witchcraft operating in my life be destroyed through Your chosen fast.

Let Your anointing increase in my life through Your chosen fast.

Let me enjoy restoration through Your chosen fast.

Let all carnality be rebuked from my life through Your chosen fast.

Let all habits and iniquity in me be broken and overcome through Your chosen fast.

Let my prayers be answered speedily through Your chosen fast.

Guide me through Your chosen fast.

Manifest Your glory to me through Your chosen fast.

Let the strongholds of sexual impurity and lust be broken in my life through Your chosen fast.

Let sickness and infirmity be destroyed in my life, and let healing come forth through Your chosen fast.

Let all poverty and lack be destroyed in my life through Your chosen fast.

Remove all oppression and torment from my life through Your chosen fast.

I humble myself with fasting.

I will turn to the Lord with fasting, weeping, and mourning.

This "kind" that I face will go out from me through fasting and prayer.

I will fast according to the fast chosen by the Lord.

I will proclaim a fast and humble myself before our God, to seek from Him the right way for my family and all our possessions.

I fast to loose the bonds of wickedness, to undo heavy burdens, to let the oppressed go free, and to break every yoke.

I will set my face toward the Lord God to make requests by prayer and supplication, with fasting, sackcloth, and ashes.

I will fast in the secret place and my Father who sees in secret, He will reward me openly.

I will not depart from the temple of the Lord but will serve God with fasting and prayer night and day.

By John Eckhardt