

**FHC FAST FORWARD**  
**February 25<sup>th</sup> – March 3<sup>rd</sup>, 2013**

**Week 3**

This last week of our fast, we want to look beyond ourselves to deliberately pray and share in the need of others. For this type of fasting is honorable to the Lord. Then revelation and blessings can begin to manifest. In addition, declare the prayer for supernatural revelation below this week.

**Friday, March 1<sup>st</sup> at 7pm –Worship Gathering**

**Day 15: True Fasting**

**Read:** Isaiah 58: 5-7, 9, 10 (New International Version/NIV) below

*Is this the kind of fast I have chosen, only a day for people to humble themselves? Is it only for bowing one's head like a reed and for lying in sackcloth and ashes? Is that what you call a fast, a day acceptable to the LORD?<sup>6</sup> "Is not this the kind of fasting I have chosen: **to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?**<sup>7</sup> **Is it not to share your food with the hungry and to provide the poor wanderer with shelter— when you see the naked, to clothe them, and not to turn away from your own flesh and blood? ...**<sup>9</sup> **"If you do away with the yoke of oppression, with the pointing finger and malicious talk,<sup>10</sup> and if you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness and your night will become like the noonday.***

What do the highlighted passages mean to you?

**Day 16: Bear with One Another**

**Read:** Galatians 6:2; Ephesians 4:2; Romans 15:7

List the people that you know are carrying a burden and need prayer (sickness, financial, emotional, etc.). Pray for them.

**Day 17: Care for One Another**

**Read:** Ephesians 4:32; John 13:34; Galatians 5:13b; 1 Peter 4:9; Romans 12:10b; 1 Thessalonians 5:11

Today is a day to bless others. Take time to do something for someone else today.

**Day 18: Prayer for FHC**

Today we want to focus on praying for First Holiness Church. Pray for the items below for our church, for we want to access the supernatural presence, power, and provision of God in these areas.

Revelation from God  
Personal and Corporate Spiritual transformation  
Access to the supernatural  
Freedom from bondages or oppressions  
Increase of souls at FHC  
Financial increase

### **Day 19: Benefits of True Fasting**

Read: Isaiah 58:8-11 (NIV) below

<sup>8</sup>Then **your light** will break forth like the dawn, and **your healing** will quickly appear; then **your righteousness** will go before you, and the glory of the LORD will be **your rear guard**. <sup>9</sup> Then you will call, and **the LORD will answer**; you will cry for help, and he will say: Here am I.

<sup>10</sup> ...then **your light** will rise in the darkness, and **your night** will become like the noonday. <sup>11</sup> **The LORD will guide you always**; he will satisfy **your needs** in a sun-scorching land and will **strengthen your frame**. You will be like a **well-watered garden**, like a spring whose waters never fail.

**Meditate** on this scripture. **Expect** God to honor your sacrifice and move on your behalf this year. **Thank God in advance!**

### **Day 20: After the Fast**

**Read:** 1 Timothy 4: 12-15; Philippians 3:12-15

Think about how you can continue to build yourself up after this fast. How will you continue to exercise in the word, prayer, the Holy Spirit, and giving after the fast?

1. What do I need to KEEP doing today?
2. What do I need to STOP doing today?
3. What NEW habit do I need to START practicing today?

### **Day 21: Celebrate**

Take time to celebrate the Lord today for all that He has revealed and done for you through this fast.

### **PRAYERS FOR REVELATION OF THE SUPERNATURAL**

Father, You are a God that reveals secrets. Lord, reveal Your secrets unto us. (Dan. 2:28). Give us the spirit of wisdom and revelation, and let the eyes of our understanding be enlightened. (Eph. 1:17)

Reveal visions and revelations of You (2 Cor. 12:1)

Reveal to us by the Holy Spirit, the thoughts that are in Your mind. (1 Cor. 2:11)

Reveal Your Word to us. (1 Samuel 3:7)

Reveal to us by the Holy Spirit, what eyes have not seen, ears have not heard, or minds have not conceived. (1 Cor. 2:9).

Reveal to us by the Holy Spirit, all the things that You have prepared for us who love You. (1 Cor. 2:9).

Reveal to us by Your Holy Spirit, all the things You have freely given us by the Holy Spirit. (1 Cor. 2:12).

Reveal to us the secret and deep things (Daniel.2:22)

Reveal to us Your will and purpose for our lives (Jeremiah 29:11).

Reveal to us the mysteries of the kingdom. (Mark. 4:11)

Reveal Your glory in our lives. (Isaiah 56:1)

Reveal to us by Your Holy Spirit, all the things that pertain to life and godliness. (2 Pet.1, 3,)

Father, we recognize and declare that this is our time and season to access YOUR supernatural presence, power, and provision in our lives and in our church. In Jesus Name. Amen