

FHC FAST FORWARD

February 18-24, 2013

Week 2 – The Holy Spirit

Fasting is the spiritual discipline of abstaining from food so that we can access the supernatural power of God. In order to access the supernatural power of God in our lives, we must get to know the Holy Spirit, for the Holy Spirit is the most important person you can ever get to know on earth. The Holy Spirit is part of the Trinity/Godhead – God the Father, God the Son, and God the Holy Spirit. This week we will read about the purpose of the Holy Spirit and the importance of partnering with Him in our daily lives for the Holy Spirit is the one who knows how to help us keep the weight(s) off of our lives. Also, confess the Holy Spirit declaration below daily.

Day 8 – Fellowship with the Holy Spirit

In the book, *Good Morning Holy Spirit*, by Benny Hinn, he writes, “During one of my first encounters with the Holy Spirit I had an experience that moved me to tears. Just as simply as I am talking to you, I asked Him, ‘What am I supposed to do with You? Would you please tell me what You’re like?’ Honestly, I was like a little child trying to learn. And I felt that He would not be angry with my honest questions. Here’s the answer the Holy Spirit gave: ‘I am the one who fellowships with you.’...I thought, ‘That’s it! The Holy Spirit is the one who communes, who fellowships with me. Then I asked, ‘How can I fellowship with You, but not with the Son?’ And He responded, ‘That is exactly as it should be. I am here to help you in your prayers to the Father. And I am here to help you pray to the Son.’ Immediately, my entire approach to prayer changed... From that moment on, I had a personal friend who helped me speak to the Father in Jesus’ name. **He literally guided me to my knees and made it easy communicate with the Father.** What a *fellowship!* That is what the Holy Spirit longs for – *your fellowship!*” (*Good Morning Holy Spirit*, (p. 53) Benny Hinn)

Read: II Corinthians 13:14

- What does it mean to you to fellowship with the Holy Spirit?

Day 9 - The Importance of the Holy Spirit

Read: 1 Corinthians 2:9-16 (NLT) below.

... “No eye has seen, no ear has heard, and no mind has imagined what God has prepared for those who love him.”¹⁰ But it was to us that **God revealed these things by his Spirit. For his Spirit searches out everything and shows us God’s deep secrets.**¹¹ No one can know a person’s thoughts except that person’s own spirit, and no one can know God’s thoughts except God’s own Spirit.¹² **And we have received God’s Spirit (not the world’s spirit), so we can know the wonderful things God has freely given us.**¹³ When we tell you these things, we do not use words that come from human wisdom. Instead, we speak words given to us by the Spirit, using the Spirit’s words to explain spiritual truths.¹⁴ But people who aren’t spiritual can’t receive these truths from God’s Spirit. It all sounds foolish to them and they can’t understand it, for only those who are spiritual can understand what the Spirit means.¹⁵ Those who are spiritual can evaluate all things, but they themselves cannot be evaluated by others.¹⁶ For, “Who can know the LORD’s thoughts? Who knows enough to teach him? But we understand these things, for we have the mind of Christ.”

- What do the highlighted passages mean to you?

Day 10 - Who is the Holy Spirit

Read: John 14:16 – 26; John 15:26; John 16:7-8, 13; Romans 8:26-27; Romans 5:5

- List the actions of the Holy Spirit from these verses

Day 11 – Connect with Power of the Holy Spirit

Here is another passage from Good Morning Holy Spirit. “But exactly who is He? The task of the Spirit is to bring into being the commandment of the Father and the performance of the Son.

To understand the job of the Holy Spirit we need to understand the work of the Father and the Son. **God the Father is one who gives the command.** He has always been the one who says, ‘Let there be.’ From the beginning, it has been God who gives the orders.

On the other hand, **it is God the Son who performs the commands of the Father.** When God the Father said, ‘Let there be light,’ God the Son came and performed it. Then, **God the Holy Spirit brought the light.** Let me illustrate it this way. If I asked you, ‘Please turn on the light,’ three forces would be involved. First, I would be the one who gave the command. Second, you would be the one who walks to the switch and flips it. In other words, you are the performer of the command. But finally, who brings on the light? It is not me, and it is not you. *It is the power – the electricity – that produces the light. The Holy Spirit is the power of God.”* – *Good Morning Holy Spirit*, (p. 52) Benny Hinn

Read: Acts 1:8

- Pray that the Power of the Holy Spirit would produce what God has destined for you.

Day 12 – Partner with the Holy Spirit

The Holy Spirit was sent to this earth for the very purpose of working in partnership with believers. Look at the scriptures below and note how the Holy Spirit worked in these individuals lives.

Read: Acts 8:27-39; Acts 10:9-20; Acts 16:6-10

Day 13 – The Relevance of the Holy Spirit

The Holy Spirit is for today, for He builds us up. With all that is going on in the world today, we must rely on the Holy Spirit and His leading like never before. We need the Holy Spirit in our jobs, our homes, schools, as we travel, our church, our marriages and families, and for our children.

Read: John 14:16; Ephesians 6:18; Jude 1:20

Day 14 - Rest

Take time to rest in God.

HOLY SPIRIT

I declare the Holy Spirit is my leader, and I am confident in and submitted to His leading.

I declare I have completely submitted my control to Him, and He leads me at all times and in all things.

I declare I am sensitive to the Holy Spirit and His leading.

I declare that I will be built up on my most holy faith. I will pray in the Holy Spirit on a daily and consistent basis.

I declare that the Holy Spirit is leading me daily.

I declare that the Holy Spirit will lead and guide me into all truth.

I declare that the Holy Spirit is distributing the love of God in me today.

I declare that the Holy Spirit is empowering me with His gifts that I will need for this day.

I declare that since I live by the Spirit, I will keep in step with the Spirit.